

**Programme wingwave Congress and wingwave specification seminar: “Being in Touch”, “Humanonline” and “Resources for systems”**

**06.11.2021 (Day 1)**

10.00 – 10.15 o'clock	Introduction: wingwave and “Being in Touch” Cora Besser-Siegmund, wingwave teaching trainer
10.15– 11.15 o'clock	Prof. Dr. Dr. Manfred Spitzer: “Being in Touch” is essential for survival and: „Why loneliness can be lethal.“
11.15 – 11.30 o'clock	Discussion with Manfred Spitzer Moderation: Harry Siegmund, wingwave teaching trainer
<b>11.30 – 12.00 o'clock</b>	<b>BREAK and signing session with Manfred Spitzer</b>
12.00 – 13.00 o'clock	Latest research results off he German Sport University Cologne: sprint study, basketball study and wingwave music study Stefanie Klatt, Marco Rathschlag, Frank Weiland, researchers of German Sport University Cologne
<b>13.00 – 14.00 o'clock</b>	<b>LUNCH BREAK</b>
14.00 – 15.30 o'clock	Presentation, demonstration and interventional training “Feel Good”: Haptic and Embodiment Coaching Cora Besser-Siegmund, wingwave teaching trainer and Daniela Schlemm, wingwave Coach and body expert
<b>15.30 – 15.45 o'clock</b>	<b>BREAK</b>
15.45 – 17.30 o'clock	Presentation, demonstration and interventional training “Systemical Spotting”: Relationship “with others and yourself” Lola Siegmund, wingwave teaching trainer
17.30 – 18.00 o'clock	wingwave Coaching Award Outlook at the wingwave Congress 2022

**Programme: “Resources for systems with wingwave Coaching”**

**07.11.2021 (Day 2)**

10.00 – 10.30 o'clock	Introduction: “Humanonline“ for systems Lola Siegmund
10.30 – 11.30 o'clock	Short Demonstration: “Resources for systems“ The concept of “positive transmission“ related to the “peripheral vision“ Cora Besser-Siegmund
<b>11.30 – 12.00 o'clock</b>	<b>BREAK and “Resource Walk“: Training in “Peripheral System perception“</b>
12.00 – 13.00 o'clock	Presentation, demonstration and interventional training: “Ressource Talk“ for systems – Getting energy through the beliefs of fellow human beings Harry Siegmund
<b>13.00 – 14.00 o'clock</b>	<b>LUNCH BREAK</b>
14.00 – 15.30 o'clock	Presentation, demonstration and interventional training: Analytics of facial expression: Nonverbal “Resource magic“ for systems Barbara Kuster, expert in facial expressions and Cora Besser-Siegmund
<b>15.30 – 15.45 o'clock</b>	<b>BREAK</b>
15.45 – 17.00 o'clock	Presentation, demonstration and interventional training: “Magic Wishes“ <ul style="list-style-type: none"> <li>• The positive magic of good wishes</li> <li>• Sending wishes, receiving them and feel the with the body echo</li> </ul> Lola Siegmund
17.00 – 17.30 o'clock	Conclusion and integration in the daily life